

Rules for Parents & Children attending Swimming Lessons at Beedinglee

All necessary health and safety procedures have been implemented at the pool to ensure the safety of our pupils, parents and teachers. Please ensure you adhere to these rules for everyone's safety.

If you or your child, or any member of your family have a temperature, or are unwell, **YOU MUST NOT ATTEND SWIMMING LESSONS**. Please keep away.

Chlorinated Water does kill Covid-19. Pupils, parents and teachers are safe in the water.

All our equipment is regularly covered in chlorinated water, and therefore safe to use.

Our teachers will be wearing a clear face shield. When a teacher needs to provide the pupils with demonstrations, the shield will be removed, the teacher submerged in chlorinated water, and safe.

Lesson times will be reduced by 3 minutes to enable the teacher to spray special anti-viral chemicals to all door handles, light pulls, chairs etc. This specialist chemical needs to be left for just 30 seconds to dry and dissipate. It's job is then done. Teachers will have their own bottle of anti-viral hand sanitiser on poolside.

- NHS Trace & Track Poster is on the front door. Please download on to your smart phone. Scan the poster each time you attend.
- Pupils should arrive "pool ready" with swimming costume on under their clothes. We would recommend wearing a onesie or dressing gown or a track suit. Crocs or FlipFlops. Don't forget to pack your underwear!
- Wall mounted Hand Sanitiser is next to the main pool entrance door, which **must be used**.
- Only one pupil in the changing room/shower room at a time.
- Please use the toilet BEFORE entering the pool hall.
- Wall mounted anti-bacterial hand wash in the toilet/shower room. Wash hands for 20 seconds!
- Wall mounted paper towel dispenser in toilet/shower room.
- Hand sanitiser station at pool entrance door, which must be used.
- There are now two changing screens on poolside, please use them.
- **A one-way system through the building to avoid congestion in the entrance hall.** Anyone requiring to use the toilet will need to exit via French Windows on poolside, walk around Beedinglee to re-enter via the front door, using the hand sanitiser again.
- All clothes and personal belongings must be taken on to poolside and placed in your own bag. The shoe wracks have been removed. **DO NOT LEAVE SHOES OR CLOTHING IN THE ENTRANCE HALL.**
- Only one adult may accompany a pupil to their lesson and must wear a face covering when spectating.
- Parents who are in the pool with their pre-school child will not have to wear a face covering.
- Parents of older pupils can remain in their car if they wish.
- Each baby-changing table has an anti-viral spray & wall mounted paper hand towel on poolside. Please ensure you wipe down the table BEFORE and AFTER you use it. A bin is on poolside for used towels to be disposed of.
- Social Distancing is in place, on poolside and in the pool, with markers.
- A further Hand Sanitiser station is next to the Exit French Windows.
- Exit will be via the French Windows, around the perimeter of Beedinglee House, to the car park.
- Sadly, we have had to remove all toys or books from poolside.

Please be assured we now have maximum safety precautions in place. We need you to adhere to the above rules in order to keep everyone safe and healthy. Thank you.